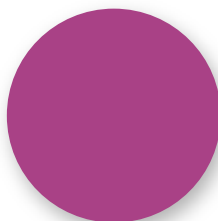


Family favourites using a slow cooker



Course dates:	7 th June to 12 th July 2023
Course day:	Wednesdays
Course times:	11am – 2pm
Duration:	6 weekly sessions
Location:	Gorse Hill Baptist Church

Join this course to learn together how to use a slow cooker and then eat the meal we prepare. Improve your cooking skills as you learn how to make your meal more affordable and how to use any leftovers.

By the end of this short, practical and fun course learners will be able to:

- Progress basic cooking skills
- Cook tasty and affordable recipes using a slow cooker
- Understand ways to economise when planning a meal, including using food available in the Community Fridge
- Use maths skills to weigh, measure and increase the quantities cooked in the slow cooker

***All equipment and ingredients provided.**



To enrol for this course please email our tutor at NParker2@swindon.gov.uk You can also find details of other planned courses at www.swindon.gov.uk/adultlearning

Please note: The Swindon Borough Adult Community Learning Team are funded by the ESFA to engage adults and provide them with the skills and learning they need to progress into work, further learning or volunteering. We offer these courses free of charge to our priority learners who are eligible. To find out if you're eligible for these courses, please contact us or visit <https://www.swindon.gov.uk/adultlearning>.

