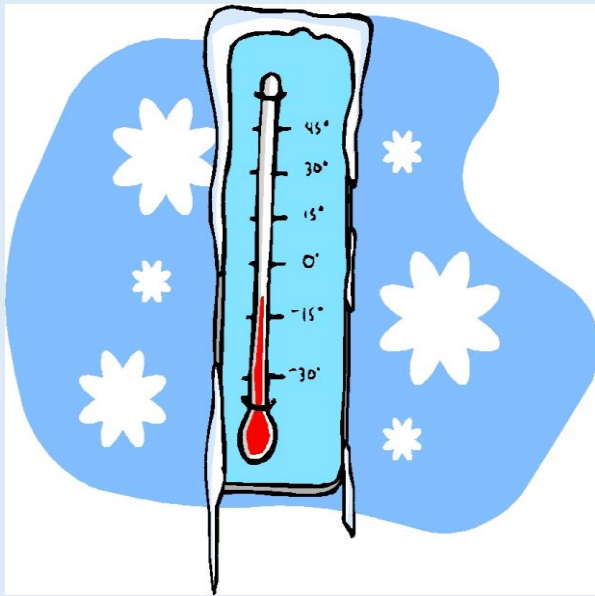


Each month we will be focusing on a different safeguarding theme to raise awareness and signpost to resources.



**For January, our theme is
Keep Warm and Stay Safe.**

X #KeepWarmStaySafe



Follow us on:



Or via email:

safeguardingpartnership@swindon.gov.uk





Keep Warm – Stay Safe

- As it gets colder, life can become more challenging to stay safe and keep warm.
- It may be particularly challenging for example, for those who are very young, older people, those living alone or no support or chronic health conditions.
- You may be homeless or a rough sleeper.
- There is a range of information and resources for residents of Swindon to live in warmer, safer and healthier homes.
- Please view the next slide to find out more.



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Local Information and Resources

Swindon Borough Council webpages:

- [Staying safe and warm in cold weather | Swindon Borough Council](#)
- [Help if you're struggling with living costs | Swindon Borough Council](#)
- Advice if you are homeless - [Homelessness | Swindon Borough Council](#)
- Cost of living – <https://www.swindon.gov.uk/costofliving>
- Worrying about money - <https://www.worryingaboutmoney.co.uk/swindon>
- **Live Well Swindon** – Speak to Live Well about their cost of living support 01793 465513 or visit their website <https://www.swindon.gov.uk/livewellhub>
- Website [Warm and Safe Wiltshire](#)
- Help available - [Warm and Safe Wiltshire | How we can help](#)



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Local Information and Resources



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- Swindon Carers [_Cost of living crisis: Details of Energy Hardship Funds \(swindoncarers.org.uk\)](https://swindoncarers.org.uk)
- A network of Welcome Spaces that residents can access to save some energy/money from heating bills. It also helps break down social isolation and loneliness. You can find the Spaces at https://www.swindon.gov.uk/welcome_spaces
- Swindon WOW Guide – a listing of activities suitable for older people, including but not limited to those living with dementia and their carers. Access the list of events by signing up on this webpage [Swindon WOW Guide | Home Instead](#)



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Other resources



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- HM Government includes information and leaflet [Keeping warm and well: staying safe in cold weather - GOV.UK \(www.gov.uk\)](https://www.gov.uk/keeping-warm-and-well-staying-safe-in-cold-weather)
- Age UK [How we help older people stay safe and warm at home | Age UK](https://www.ageuk.org.uk/how-we-help-older-people-stay-safe-and-warm-at-home/)
- Royal Voluntary Service [Safe, warm and well guide for winter health and wellbeing | Royal Voluntary Service](https://www.rvs.org.uk/safe-warm-and-well-guide-for-winter-health-and-wellbeing/) this includes a short video clip.
- [Dorset & Wiltshire Fire Service | Your safety \(dwfire.org.uk\)](https://www.dwfire.org.uk/your-safety/)
- [Stay warm and safe | FSHD Society](https://www.fshd.org.uk/stay-warm-and-safe/)
- [10 ways to save energy this winter - Energy Saving Trust](https://www.energy-saving-trust.org/10-ways-to-save-energy-this-winter/)
- Shelter - https://england.shelter.org.uk/housing_advice/homelessness
- [Priority Services Register](https://www.priorityservicesregister.org/) supports if you have young children, are an older person or have a disability or health condition you can register and ensure your utilities will be treated as a priority should there be a disruption to the service.
- [National Energy Action \(NEA\) | Warm and Safe Homes](https://www.nationalenergyaction.org.uk/warm-and-safe-homes/)



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